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TITLE: A Comparison Between an Internet Communications Platform

and Traditional

PRINCIPAL INVESTIGATOR: Arn Eliasson

CONTRACTING ORGANIZATION: Walter Reed Army Medical Center

Washington, DC 20307-5001

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# MidTerm Overall Evaluation Report



PROPOSAL: 2000000140
TITLE: A Comparison Between an Internet Communications Platform and Traditional

#### **ACCOMPLISHMENTS**

In Summary, this project will: establish a home monitoring solution that augments the existing Obstructed Sleep Apnea (OSA)patient treatment and compares satisfaction ratings among patients with OSA with and without the home monitoring system, measure patient compliance with the continuous positive airway pressure device via the home monitoring system versus traditional outpatient clinic visits, and provied a cost-effectiveness analysis between the traditional and home monitoring system.

The project protocol has been reviewed and approved by DCI/WRAMC and is currently under review by MRMC.

All equipment and supply are purchased for the support and administration of the protocol.

PI's Accomplishment Evaluation: : Project Accomplishments Match Proposal

#### **PROBLEMS**

The primary problem encountered in this project is the extended required time for the protocol to be reviewed and approved. The protocol is still pending review and approval at MRMC and must yet go through another review process after the MRMC process. There seems to be no central coordination or accountability of the protocol review process as the protocol must go through a minimum of three seperate unrelated review processes. If the protocol is delayed at one facility, it is up to the prinicple investigator to track how long the protocol is at a facility and to attempt to keep the review process moving.

PI's Problem Area Evaluation: : Project encountered no significant problems/issues

## LIFE-CYCLE

Once the project has been officially approved, enrollment of subjects will begin. Anticipated enrollment period will be approximately 2-3 months and the project's interventon period will take placeover a three month period of time for a total study period of six months.

PI's Life-Cycle Evaluation: : Project encountered no significant problems/issues

### **DELIVERABLES**

Efficacy/success of the project will be determined by the level of compliance with continuous positive airway pressure (CPAP). A compliance of > 4 hours of CPAP use nightly for > 90% of the nights is considered excellent.

Functional status will be measured by the Functional Outcome Sleep Questionnaire (FOSQ). A high score on the FOSQ demonstrates a high functional status.

Client Satisfaction with traditional versus telemedicine will be measured by the Client Satisfaction Questionnare (CSQ). A high CSQ score will demonstrate satisfaction with the particluar model of care provided to the patient. The AMEDD would benefit from the use of a telemedicine model to enhance CPAP compliance.

**Obstructives** 

PI's Deliverables Evaluation: : Deliverable is on schedule per Proposal

# **Expenditures**

Element of Resource (EOR) Travel 2100	1ST Quarter Oct 1 - Dec 31 \$2,000.00	2nd Quarter Jan 1 - Mar 31 \$0.00
Shipping 2200	\$0.00	\$0.00
Rent & Communications 2200	\$0.00	\$0.00
Contract for Services 2500	\$139,350.21	\$0.00
Supplies 2600	\$5,184.24	\$0.00
Equipment 3100	\$18,265.55	\$0.00

## **Financial Narrative:**

All funds were allocated according to the project proposal and allowed the project to meet it intended deliverables.

PI's Financial Evaluation: : Deliverable is on schedule per Proposal